

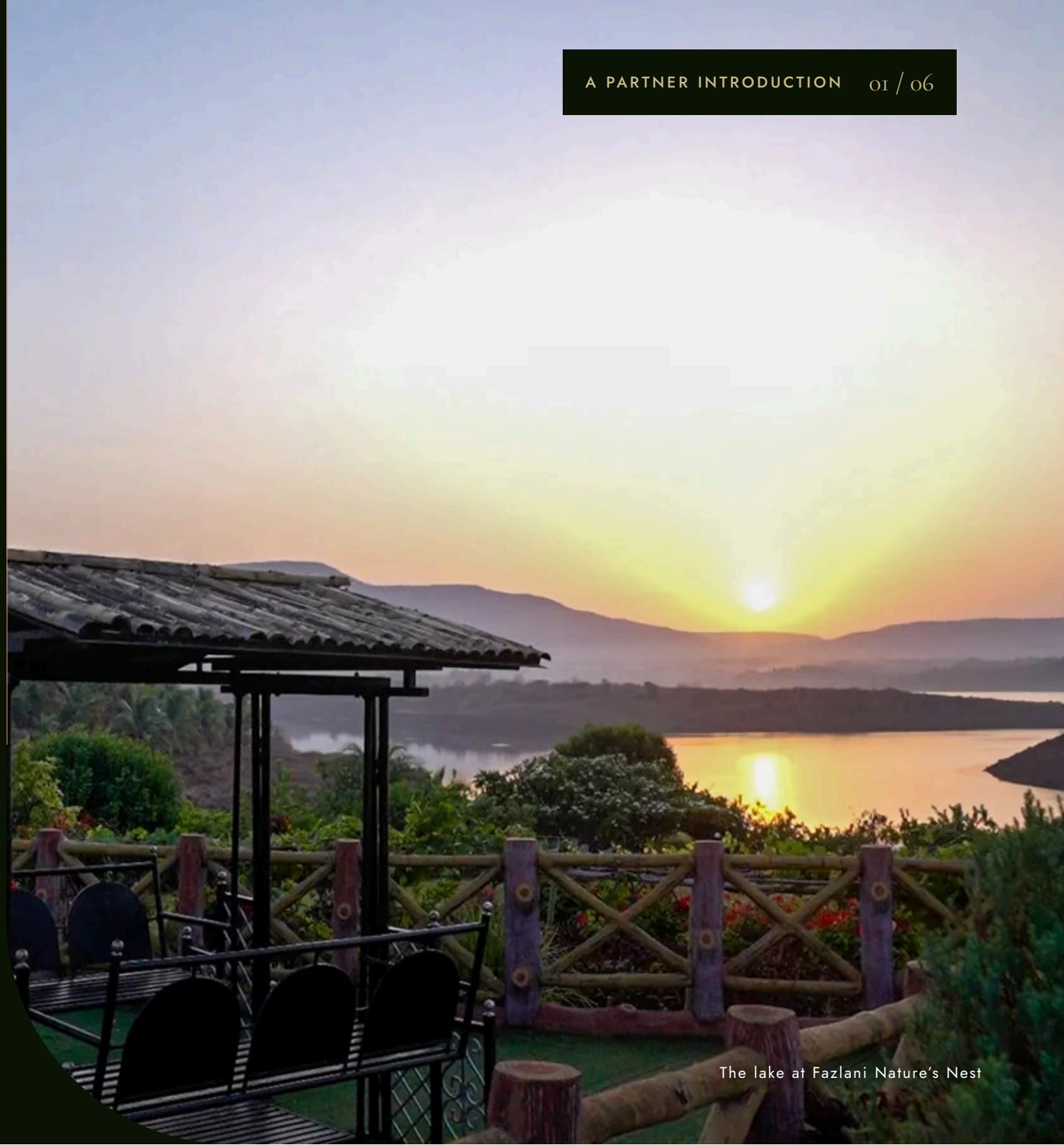
Where medicine meets routine, *rest and nature.*

A doctor-led residential wellness retreat near Lonavala.
Personalised care, a quiet lakeside setting and space for a
healthier daily rhythm.

EXPLORE THE INTRODUCTION →

For doctors, hospitals & medical-travel teams

A PARTNER INTRODUCTION 01 / 06



The lake at Fazlani Nature's Nest

A conversation about *the right kind of care.*

Exploring how an individually assessed residential stay may complement a person’s existing care and wellbeing.

Doctors, hospitals & specialty clinics

Medical-travel facilitators & buyer teams

Wellness, diagnostics & integrated-care organisations

Any collaboration begins with suitability, clear responsibilities and appropriate medical clearance.



A quieter setting, with time to rest.

Care, with room *to breathe.*

Across a 68-acre lakeside estate, consultation-led care sits alongside gentle movement, rest and time outdoors.



Nature & stillness

A calm residential rhythm, with space between sessions.

International guests can contact our wellness coordinators to discuss their stay and travel questions.



Food from the land

The on-site organic farm, fresh seasonal produce and nutrition-led meals.



A thoughtful stay

Comfortable accommodation and personal attention throughout the stay.



Ayurvedic care, selected for the individual.

First, understand *the person.*

Health history and consultation shape a personal plan: therapies, movement, meals and rest, with review and practical guidance for home.

Ayurveda & Panchakarma

Classical care, selected after assessment.

Physiotherapy & rehabilitation support

Guided movement for mobility, strength and recovery.

Naturopathy & nutrition

Personalised food and lifestyle routines.

Yoga therapy & sound healing

Breath, gentle movement and restorative practice.

Programme length and treatment selection are confirmed individually.

UNDERSTAND · PERSONALISE · REVIEW · TAKE HOME

The people who *guide the stay.*

Ayurveda, naturopathy, nutrition and restorative practice,
supported by thoughtful hospitality and time to rest between
sessions.



Dr Pramod Mane

Wellness consultant
Ayurveda & yoga



Dr Athira Kaladharan

Ayurvedic physician
& counsellor



Dr Ruchi Soni

Naturopathy
& clinical nutrition



Vaishnavi Khengare

Yoga therapy & sound
healing instructor

Personal attention. A plan shaped around the individual.

Let's explore what could work, *together.*

Introduce your organisation and the people you hope to support.
Let's discuss suitability and the shape of a possible collaboration.

CONTACT FAZLANI →

Our general contact page. Please mention that this is a hospital or partnership enquiry.

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fazlaninaturesnest.com/contact-us/

NABH CERTIFICATION

NABH AYUSH Entry Level-Hospital

Fazlani Natures Nest LLP

Certificate EAH-2025-0085

Valid 30 January 2025 to 29 January 2027.

Scope: Ayurveda Services, Panchakarma, Yoga and Naturopathy.

[View the NABH certificate](#)
